



From the moment you walk in the door, we'll get to know the things that you like to do, helping you pursue a full range of interests.



Culture

From trips to the theater and museums, to musical performance and movie night, our residents enjoy a rich variety of opportunities for culture and fun.

- *Museum Tour*
- *Wine Tasting*
- *Foreign Film*
- *Acrylic Painting Class*
- *Shabbat*
- *Themed Cooking Class*



Education

Our intellectually-stimulating programs promote lifelong learning. Join a book club, attend a lecture from a visiting professor or take a technology class—we tailor our learning opportunities to your

- *Ted Talk*
- *Visiting Professor Lecture*
- *News Discussion Group*
- *Book Club*
- *World Trivia Challenge*



Fitness

You love being fit and active, and our certified Tai Chi instructors, yoga classes and other programs will help you stay that way! Treat your mind, body and spirit to a

- *Tai Chi & Yoga*
- *Pilates*
- *Zumba Class*
- *Core Strength Class*
- *Wii Workouts*
- *Nutrition Lecture*



Fun

In the midst of our enriching and stimulating daily programs, we never miss an opportunity for laughter and fun. Whether playing cards, sharing a delicious meal or dancing at a party, spending time with friends is the secret to a happy life.

- *Shopping Trip*
- *Spa Treatments*
- *Wine & Cheese Night*
- *Service Project Social*
- *Chorus Group*
- *Visiting Entertainers*

Events are subject to change.